

Foundations of Shamanic Practice

with Karl Schlotterbeck

Tuesday, September 21, 2021

7:00-8:45 PM CDT via Zoom

Suggested donation is \$15 per session, but in recognition of stresses of the times and differing situations, participants are invited to donate according to their means.

**THIS SEMINAR OR ITS EQUIVALENT IS REQUIRED FOR PARTICIPATION
IN KARL'S SHAMANIC OFFERINGS IN THE COMING YEAR.**

This seminar examines the shamanic worldview, our relationship with creation and with spirit allies, as well as basic practices and tools. Participants will learn to journey and to establish relationships with Spirit Animal Allies and with Upper World Teachers.



Please register by **Wednesday, September 15** with Ann at ann.mongeau@unitynorthmn.org so that preparatory material and Zoom link can be sent in advance of the seminar.

Access links and instructions to prepare for each session will be sent to those who pre-register. Links to the video recording of the session will be sent after the session.

Karl has been a student of shamanism since 1986. His teachers have included Michael Harner, Sandra Ingerman, Ailo Gaup, Connie Grauds, Sarangerel and, most extensively, Tom Cowan. He has been involved in Druidry for decades, served as archdruid for 6 years in an initiatory Druid order, and developed a three-year Druidic training curriculum. In his professional life, he has been a psychologist, past-life therapist, HeartMath Trainer and Coach, and author. He's a musician, grandfather, beekeeper, astrologer, and yeast herder.

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